

ALLAMA IQBAL OPEN UNIVERSITY, ISLAMABAD

Course Title: Home Economics

Course Code: 6483

Level: B.Ed (1.5 / 2.5 / 4 Years)

Credit Hours: 3

Total Marks: 100 **Pass Marks:** 50

Semester: Autumn 2025

Instructions for Students

1. All questions carry equal marks; however, marks will be distributed according to the nature of each question.
2. Read all questions carefully and answer according to the requirements of the question.
3. Handwritten or scanned assignments will **not** be accepted. Only students writing in Urdu or Arabic may upload scanned handwritten assignments. The maximum file size should be **5MB** while uploading on the LMS portal.
4. Typed assignments in **Word or PDF format** must be uploaded on the LMS before or on the due date.
5. After the due date, assignments cannot be uploaded. The entire responsibility will lie on the student.
6. Your analytical and conceptual style of writing will be appreciated.
7. Avoid irrelevant discussion, unnecessary details, and copying directly from books, study guides, or other reading materials.

ASSIGNMENT No. 1 (Units 1–4)

Note: Attempt all questions. All questions carry equal marks.

Q.1

Explain the educational objectives of Home Economics. How does this subject develop practical life skills in students?

Q.2

Define a balanced diet for early-grade students. How can a food chart be prepared?

Q.3

Prepare and write a weekly plan of educational activities that help children develop habits of personal cleanliness.

Q.4

Describe the role of Home Economics in teaching children a healthy lifestyle. Give an example using one activity.

Q.5

How can children at the primary level be taught about the family and its role in their lives? Suggest two teaching activities.

ASSIGNMENT No. 2 (Units 5–9)

Note: Attempt all questions. All questions carry equal marks.

Q.1

Which lessons are effective for teaching household cleaning at the early grade level? Explain with an example.

Q.2

How can children be taught the basic principles of budgeting, spending, and saving? Give an example of a practical activity.

Q.3

Which simple skills can be taught to children for caring for clothes? Prepare a weekly plan.

Q.4

Which activities are useful for teaching children safety rules at home? Explain.

Q.5

Besides the textbook, which resources are effective in the teaching of Home Economics? Mention at least four